

Grille de temps d'accès au parcours et compétitions régionales

ATTENTION / Pour la série B, il faut pr'endre la grille de la catégorie anticipée en 2023 !

DAMES (en bassin 50m)

	14	15	16	17	18+
50 NL	00:31,55	00:30,96	00:30,38	00:29,94	00:29,21
100 NL	01:08,40	01:07,13	01:05,86	01:04,91	01:03,33
200 NL	02:29,13	02:26,37	02:23,60	02:21,53	02:18,08
400 NL	05:19,21	05:13,30	05:07,38	05:02,95	04:55,56
800 NL	10:56,05	10:43,90	10:31,75	10:22,64	10:07,45
1 500 NL	20:52,59	20:29,40	20:06,20	19:48,80	19:19,81
50 Dos	00:35,83	00:35,17	00:34,50	00:34,01	00:33,18
100 Dos	01:17,41	01:15,98	01:14,55	01:13,47	01:11,68
200 Dos	02:47,67	02:44,56	02:41,46	02:39,13	02:35,25
50 Brasse	00:40,20	00:39,46	00:38,71	00:38,16	00:37,23
100 Brasse	01:27,57	01:25,95	01:24,33	01:23,11	01:21,09
200 Brasse	03:08,09	03:04,61	03:01,12	02:58,51	02:54,16
50 Papillon	00:33,32	00:32,71	00:32,09	00:31,63	00:30,85
100 Papillon	01:15,43	01:14,03	01:12,63	01:11,59	01:09,84
200 Papillon	02:48,09	02:44,98	02:41,87	02:39,53	02:35,64
200 4 Nages	02:51,59	02:48,42	02:45,24	02:42,86	02:38,88
400 4 Nages	06:01,87	05:55,17	05:48,47	05:43,44	05:35,06

DAMES (en bassin 25m)

	14	15	16	17	18+
50 NL	00:30,85	00:30,26	00:29,68	00:29,24	00:28,51
100 NL	01:06,80	01:05,53	01:04,26	01:03,31	01:01,73
200 NL	02:25,73	02:22,97	02:20,20	02:18,13	02:14,68
400 NL	05:11,71	05:05,80	04:59,88	04:55,45	04:48,06
800 NL	10:40,05	10:27,90	10:15,75	10:06,64	09:51,45
1 500 NL	20:22,59	19:59,40	19:36,20	19:18,80	18:49,81
50 Dos	00:34,33	00:33,67	00:33,00	00:32,51	00:31,68
100 Dos	01:15,01	01:13,58	01:12,15	01:11,07	01:09,28
200 Dos	02:42,77	02:39,66	02:36,56	02:34,23	02:30,35
50 Brasse	00:39,40	00:38,66	00:37,91	00:37,36	00:36,43
100 Brasse	01:25,57	01:23,95	01:22,33	01:21,11	01:19,09
200 Brasse	03:03,09	02:59,61	02:56,12	02:53,51	02:49,16
50 Papillon	00:32,72	00:32,11	00:31,49	00:31,03	00:30,25
100 Papillon	01:14,13	01:12,73	01:11,33	01:10,29	01:08,54
200 Papillon	02:44,99	02:41,88	02:38,77	02:36,43	02:32,54
200 4 Nages	02:48,09	02:44,92	02:41,74	02:39,36	02:35,38
400 4 Nages	05:53,07	05:46,37	05:39,67	05:34,64	05:26,26

MESSIEURS (en bassin de 50m)

	15	16	17	18	19+
50 NL	00:28,17	00:27,65	00:27,13	00:26,60	00:26,08
100 NL	01:01,48	01:00,34	00:59,20	00:58,06	00:56,93
200 NL	02:15,08	02:12,58	02:10,08	02:07,58	02:05,07
400 NL	04:46,77	04:41,45	04:36,14	04:30,83	04:25,52
800 NL	09:55,75	09:44,72	09:33,69	09:22,65	09:11,62
1 500 NL	18:56,95	18:35,90	18:14,84	17:53,79	17:32,73
50 Dos	00:31,83	00:31,24	00:30,65	00:30,06	00:29,47
100 Dos	01:08,74	01:07,47	01:06,20	01:04,93	01:03,65
200 Dos	02:30,11	02:27,33	02:24,55	02:21,77	02:18,99
50 Brasse	00:35,42	00:34,77	00:34,11	00:33,45	00:32,80
100 Brasse	01:17,22	01:15,79	01:14,36	01:12,93	01:11,50
200 Brasse	02:47,15	02:44,05	02:40,96	02:37,86	02:34,77
50 Papillon	00:29,89	00:29,34	00:28,79	00:28,23	00:27,68
100 Papillon	01:06,25	01:05,02	01:03,79	01:02,57	01:01,34
200 Papillon	02:30,02	02:27,24	02:24,46	02:21,69	02:18,91
200 4 Nages	02:33,21	02:30,38	02:27,54	02:24,70	02:21,86
400 4 Nages	05:28,41	05:22,33	05:16,25	05:10,16	05:04,08

MESSIEURS (en bassin de 25m)

	15	16	17	18	19+
50 NL	00:27,47	00:26,95	00:26,43	00:25,90	00:25,38
100 NL	00:59,88	00:58,74	00:57,60	00:56,46	00:55,33
200 NL	02:11,68	02:09,18	02:06,68	02:04,18	02:01,67
400 NL	04:39,27	04:33,95	04:28,64	04:23,33	04:18,02
800 NL	09:39,75	09:28,72	09:17,69	09:06,65	08:55,62
1 500 NL	18:26,95	18:05,90	17:44,84	17:23,79	17:02,73
50 Dos	00:30,33	00:29,74	00:29,15	00:28,56	00:27,97
100 Dos	01:06,34	01:05,07	01:03,80	01:02,53	01:01,25
200 Dos	02:25,21	02:22,43	02:19,65	02:16,87	02:14,09
50 Brasse	00:34,62	00:33,97	00:33,31	00:32,65	00:32,00
100 Brasse	01:15,22	01:13,79	01:12,36	01:10,93	01:09,50
200 Brasse	02:42,15	02:39,05	02:35,96	02:32,86	02:29,77
50 Papillon	00:29,29	00:28,74	00:28,19	00:27,63	00:27,08
100 Papillon	01:04,95	01:03,72	01:02,49	01:01,27	01:00,04
200 Papillon	02:26,92	02:24,14	02:21,36	02:18,59	02:15,81
200 4 Nages	02:29,71	02:26,88	02:24,04	02:21,20	02:18,36
400 4 Nages	05:19,61	05:13,53	05:07,45	05:01,36	04:55,28